

THE READ WITHOUT GLASSES METHOD™

Sharpen your near vision.
Reverse middle-age sight.

In the U.S. contact:
Martin Sussman
Cambridge Institute
P.O. Box 250
Topsfield MA 01983
phone: 978-887-3883
marty@withoutglasses.com

In the UK contact:
LUMINA
P.O. Box 31645
LONDON W11 2UZ
phone: 0207 221 0621
lumina@withoutglasses.com

Behind The Read Without Glasses Method™



Martin Sussman founded the Cambridge Institute for Better Vision in 1976 to bring to people natural approaches to vision care. He worked to transform Dr. Gottlieb's basic exercises into *The Read Without Glasses Method*. Mr. Sussman is also author of the world's #1 best-selling audiotope system, *The Program for Better Vision*, co-author of the 1993 Station Hill book, *Total Health at the Computer* (with Dr. Ernest Loewenstein), and audio author of *Your First Step to Better Vision* and the *Advanced Better Vision Tape Set*. Sussman has facilitated over 500 workshops and classes in North America and Europe, including the two-and-a-half-day EYECLASSES Vision Seminar, which he has taught in 24 cities across the U.S.



Dr. Ray Gottlieb, O.D., Ph.D., F.C.O.V.D., has been a behavioral optometrist for over 30 years with a specialty in vision training and vision therapy. He is the Dean of the College of Syntonic Optometry, a position he has held since 1979. Dr. Gottlieb developed the exercises behind *The Read Without Glasses Method* in his private practice, working with patients as old as 80. He earned his graduate and master's degrees in optometry at the University of California, Berkeley, in 1964, and his Ph.D. in Human Sciences at Saybrook Graduate School and Research Center in San Francisco in 1978. Dr. Gottlieb, a former research editor for the *Brain/Mind Bulletin*, is author of *Attention and Memory Training for Children*.

A Product of the Cambridge Institute for Better Vision