

## Sharpen your near vision. Reverse middle-age sight.

In the U.S. contact:
Martin Sussman
Cambridge Institute
P.O. Box 250
Topsfield MA 01983
phone: 978-887-3883
marty@withoutglasses.com

In the UK contact: LUMINA P.O. Box 31645 LONDON W11 2UZ phone: 0207 221 0621 lumina@withoutglasses.com

- Thinking About Getting Reading Glasses?
- Already Using Them?
- Getting Stronger and Stronger Ones?

Try this simple test\* to see if The Read Without Glasses Method can help you break your dependency on reading glasses.

First, hold this page in your left hand at arm's length, so the circle below is at eye level. Then, hold the thumb of your right hand 5-6 inches in front of your eyes, between you and the page.

Now, focus directly on your thumb. You should see two images of the circle in the background.

Now, focus directly on the circle. You should see two images of your thumb in the foreground.



**Don't worry,** this kind of double vision is a normal process of your visual system. The brain and eyes work together so that you see double of whatever you are not focused on directly.

If you see these double images, your eyes and visual system can respond well to The Read Without Glasses Method. The method is easy to learn and simple to use and people have seen results with as little as six minutes a day of practice.

With The Read Without Glasses Method you could **regain a youthful flexibility** to your visual system, thereby sharpening your near vision, reversing middle-aged sight and reducing or avoiding dependency on reading glasses or bifocals.

A Product of the Cambridge Institute for Better Vision

<sup>\*</sup> This test and use of The Read Without Glasses Method requires two functioning eyes. The method is not for people with amblyopia (lazy eye), only one functioning eye, eye turning problems or low vision problems.